

Who to Call in Georgia

Free help lines for older adults, people with disabilities, and family caregivers



Healthcare problems rarely come with a map. Keep this guide on the fridge or in your phone. These are free, public resources, and they are often the fastest way to the right door.

WHO	WHAT THEY HELP WITH	HOW TO REACH THEM
Empowerline Atlanta Regional Commission	Aging, disability and caregiver services across the 10-county Atlanta region, including Gwinnett. Free information and referral.	404-463-3333 empowerline.org
Georgia Aging Services / GeorgiaCares	Statewide aging and disability help. GeorgiaCares gives free, unbiased Medicare counseling (choose option 4).	1-866-552-4464 mygeorgiacares.org
Medicare	Coverage questions, plan comparisons, claims and billing.	1-800-633-4227 medicare.gov
Georgia Medicaid & Benefits (Gateway)	Apply for or renew Medicaid, SNAP and other benefits; check application status.	1-877-423-4746 gateway.ga.gov
988 Suicide & Crisis Lifeline	Mental health crisis or emotional distress. Call or text, 24/7.	988
Emergency	Any medical emergency or immediate danger.	911

Before you call, have these ready

- ☐ The person's full name and date of birth
- ☐ Insurance cards (Medicare, Medicaid or private)
- ☐ A current medication list
- ☐ Names and phone numbers of doctors
- ☐ Recent hospital or discharge papers
- ☐ A pen, and the question you most need answered

Write it down

DATE	WHO I CALLED	WHO I SPOKE WITH	WHAT THEY SAID / NEXT STEP

Not sure which number fits your situation? That is exactly what we help with. A care coordinator can sort out who to call, what to ask, and what to do next.



Need help with the next step? Book a free 15-minute Next-Step Call.

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For general education only. Not medical, legal, or financial advice. In an emergency, call 911. Numbers verified October 2026; confirm details with each organization.